

# What to Expect During an Evaluation



**All of our evaluations are scheduled in 2-3 appointments.**

***The first appointment is an intake appointment.*** During the first appointment, the clinician will ask a series of questions to get a complete understanding of the client's concerns, symptoms, medical, educational, and developmental history, as well as any relevant social or psychological factors. The intake appointment usually lasts about 1-2 hours. If you have had any academic, psychological, or neuropsychological testing done in the past, we ask that you bring those documents to your intake appointment for the clinician to review, as well as a copy of any existing custody agreements. If the client is a minor, all individuals with legal custody will need to sign consent for the services. This evaluation does not replace a service prescription evaluation, such as for IBHS, unless specifically requested and discussed with the clinician. If it is determined that testing is appropriate, insurance coverage and benefits are reviewed, and a second appointment will be scheduled. Testing appointments are usually scheduled within a few weeks following the intake appointment. During this time, the clinician will create a testing battery specific to the client's concerns. Informant rating scales may also be distributed at the intake for completion and return upon the day of the testing appointment.

***The second appointment is the testing appointment.*** During the second appointment, the clinician will administer the testing battery. The length of time it takes to complete the testing varies based on the type of tests and assessments being administered, but we typically ask the client to be prepared to be here for up to 4 hours. Anyone attending the appointment with you will be asked to wait in a waiting area until testing is completed. Small breaks will be given during the testing appointment. We encourage that you eat and sleep well before arriving, and that you bring snacks and dress in layers so that you are comfortable. Once testing is completed, the clinician will score, interpret, and write the report. This process usually takes up to 60 days. Once the writing process is completed, the test results and recommendations will be provided to the client in a formal, detailed report.

***The third appointment is an optional feedback session.*** If the client has any questions regarding their report or diagnosis, they can call our office to schedule an appointment to meet and review with the clinician. If the client is a minor, we encourage everyone with legal custody to attend the feedback session. We recommend scheduling this appointment within 2 weeks of receiving the report. Our reports can be used by other clinicians and professionals for treatment. If the client does not have any questions and is ready to take the next steps in their care, we encourage them to follow the recommendations in their report and ask that they call us if any questions arise in the future.

**Please refer to our Informed Consent form (reviewed at intake) for additional information, and contact us directly with any questions or concerns.**